

Volunteers Activities Check List

Name _____ Phone _____ Date _____

Address _____

City _____ State _____ Zip _____

Volunteer applicants are encouraged to complete this Activities Check List to help us match your skills with program needs. Please indicate your level of ability in areas listed below by use of the following symbols:

“0” – activities you have participated in rarely or never

“2” – activities you have organized and/or directed

“1” – activities you have participated in regularly

“3” – activities in which you have special skills

Aquatics

- _____ Swimming
- _____ Instructor
- _____ Life Guard
- _____ Team Competition
- _____ Diving
- _____ Skin Diving/Scuba
- _____ Water polo
- _____ Water skiing
- _____ Boating
- _____ Sailing

Athletics & Sports

- _____ Archery
- _____ Baseball
- _____ Softball
- _____ Basketball
- _____ Volleyball
- _____ Billiards & pool
- _____ Bowling
- _____ Calisthenics
- _____ Fitness instructor
- _____ Flag/touch football
- _____ Football
- _____ Golf
- _____ Horseshoes
- _____ “Playground” games
- _____ Soccer
- _____ Tennis
- _____ Track & field
- _____ Tumbling & gymnastics
- _____ Wrestling
- _____ Boxing
- _____ Judo
- _____ Tai Chi
- _____ Chi Gong
- _____ Yoga
- _____ Fly casting
- _____ Field hockey
- _____ Rock climbing

Crafts

- _____ Bead crafts
- _____ Carving/sculpturing
- _____ Ceramics
- _____ Clay modeling
- _____ Copper tooling
- _____ Drawing & Painting
- _____ Jewelry making
- _____ Knitting & embroidery
- _____ Leather crafts
- _____ Lacing (gimp)
- _____ Metal crafts
- _____ Model making
- _____ Mosaic
- _____ Nature crafts
- _____ Paper crafts
- _____ Plastics
- _____ Poster making
- _____ Scrap crafts
- _____ Stenciling
- _____ Silk screening
- _____ Weaving
- _____ Woodwork

Miscellaneous

- _____ Biking
- _____ Hiking
- _____ Camping
- _____ Backpacking
- _____ Day camp
- _____ Computer games
- _____ Photography
- _____ Languages
- _____ Sign language
- _____ Card games
- _____ Mahjonn
- _____ Chess
- _____ Cribbage
- _____ Cake decorating

Dramatics

- _____ Acting
- _____ Directing
- _____ Children’s theater
- _____ Pageants
- _____ Pantomimes & skits
- _____ Stage crafts
- _____ Storytelling

Dancing

- _____ Social
- _____ Folk
- _____ Square
- _____ Ballet
- _____ Tap
- _____ Interpretive
- _____ Mixer
- _____ Hip Hop

Music

- _____ Band orchestra
- _____ Singing
- _____ Rhythm band
- _____ Instrument

Youth Groups

- _____ Scouts
- _____ YM/YWCA or CYO
- _____ 4-H
- _____ Church
- _____ Campfire Girls

Special licenses, certification and training courses: _____

Subjects you have a specialty in—ie, History, Vintage Cars, Music Appreciation, Literature, Travel Logs, etc. _____

Other: _____

What subjects could you tutor? _____

Is there a service you can provide? _____